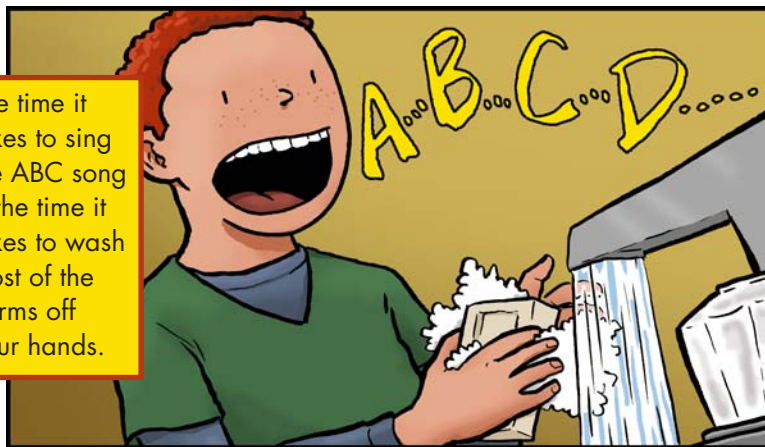


What to Do When You Have the Flu



Cover your mouth when you cough or sneeze.



The time it takes to sing the ABC song is the time it takes to wash most of the germs off your hands.

Wash your hands often to avoid spreading germs.



Keep your hands away from your face.



Drink lots of water and get plenty of rest.